Yoga Classes with Marta



WHY ONE-ON-ONE PRIVATE CLASSES?

I can help you build a practice that will improve your mobility, range of motion, physical and mental strength to deal with everyday challenges.

Suitable for both beginners and established practitioners, private classes are tailored to fit your schedule and your needs. We typically meet for one session per week and practice asanas (postures), breathing techniques, chanting and meditation.

WHAT ARE YOUR PRICES?

60 min class: 80€ +VAT

Multiple Class Packs

4 classes - 272€ + VAT, save 15% valid for four weeks

8 classes - 512€ + VAT, save 20% valid for eight weeks

12 classes - 720€ + VAT, save 25% valid for twelve weeks

Free +1 with every private class. 25€ fee for each additional guest.

info@martakoch.com

t: 151 1566 2781